

FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			3oz Salisbury Steak in Brown Gravy, 1/2c Mashed Potatoes, 1/2c Cr Cabbage, 1/2c Apricots B25	3oz Baked Ham, 1/2c Baked Sweet Potato, 1/2c Green Beans, 1/2c Tropical Fruit B7
5	6	7	8	9
3oz Hamburger w/Bun, 1/2c Company Potatoes, 1c Tossed Salad, 1/2c Pears D14	1c Mac & Cheese w/Chicken, 1/2c Peas, 1/2c Fruit Crisp w/topping CM69D - CH39	3oz Brat with 1/4c sauerkraut & dumplings, 1/2c Carrots, Dessert CM51E P30	Chicken Enchiladas, 1c Spinach Salad, Orange, Cranberry Orange Bar CM52	1c Chili, 1/2c Fruit Cocktail, 1/2c Vanilla Ice Cream CM59F - S44
12	13	Ash Wednesday 14	15	16
3oz Breaded Butterfly Shrimp, Baked Potato, 1/2c Glazed Carrots, 3/4c Crunchy Cranberry Salad CM79A - F8	BBQ Ribs, 1/2c Potato Wedges, 7-Layer Salad, 1/2c Seasoned Spinach, 1/2c Mandarin Oranges CM46	Egg Salad Sandwich, 1 1/4c Cream of Potato Soup, 1/4c Sliced Cucumbers, Orange CM53A - S25	1c Lasagna, 1/2c Parslied Carrots, 1/2c Berry Fruit Salad LA1	French Toast, 1/2c Scrambled eggs, 1/2c hashbrown, 1/2c peaches Br6 BK6
19	20	BIRTHDAY DINNER 21	22	23
Baked Pork Chop w/onion & herbs, Baked Potato, 1/2c California Veggies, Orange, Cookie CM48B - P21	2 Swedish Meatballs over 1/2c Noodles, 1/2c Peas, 1/2c Mandarin Oranges A13	3oz Baked Chicken, 1/2c Mashed Potatoes & Gravy, 1/2c Harvard Beets, 1/2c Peaches B15	Cooks Choice :)	3oz Baked Cod, 1/2c Oven Brown Potatoes, 1/2c Parslied Carrots, 1/2c Pineapple Chunks A19
26	27	28		
1 1/2c Tomato Soup, Grilled Cheese Sandwich, 1c Spinach Salad, Banana CM83	Sweet & Sour Pork, 1/2c Oven Baked Brown Rice, 1/2c Steamed Broccoli, 1/2c Apricots D19	3oz Baked Chicken Fried Steak, 1/2c Mashed Potatoes & Gravy, 1/2c Peas, 1/2c Apricots CM10		

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.